## The one goal that counts

England gets 1-0 victory over Ukraine amidst controversy over a disallowed goal in Euro 2012 PAGE 18

# BIEBS MAKES HIS PRIVACY PUBLIC

TEEN IDOL KEEPS HIS PERSONAL LIFE TO HIMSELF ... BY TELLING THE MAGS PAGE 13

REGINA metro®

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# New security agency: What's in it for Regina?

**Pushing paper.** The centre will focus on funding allocation through acceptance of proposals and targeted investments

CARRIE-MAY SIGGINS
carriemay.siggins@metronews.ca

If you were imagining SWAT members scaling down walls for drills conducted by the new security agency to open in Regina, think again.

The Canadian Safety and Security Project (CSSP), which will work to enhance innovation in national security, will mostly be pushing a tonne of paper.

MP for Regina, Lumsden and Lake Centre Tom Lukiwski says that most of what will be done at the centre will be allocation of funds. "A lot of the works will be funding," says Lukiwski.

There will be two elements to the work done at the centre, the first being the acceptance of proposals from a wide variety of professionals.

"There may be someone from the academic community or someone from the business community who says, 'I think that we have a serious security problem with respect to this and I'd like to do a research project to address the gap in security,'" says Lukiwski.

The CSSP will review the proposal and determine if funds should be allocated to research it further.

The second element will be targeted investments.

"The centre itself will be looking to directly fund projects that tackle what we call critical security gaps that will not be addressed through the call-for-proposals element," says Lukiwski.

The security issues that will be addressed involve areas such as policing, natural disasters and terrorist attacks.

Eight jobs will be created in Regina, though they may not go to Queen City residents.

"We'll give them a very good look and a good chance of gaining employment," says Lukiwski.

"But it really will be determined primarily by skill sets and compatibility for what the job entails."

The project's budget is $43.5 million, but almost all of those funds will be allocated to the successful applicants.

So, if the jobs might not employ locals and the money is for the most part leaving the province, what's in it for Regina?

"It gives Regina a reputation as a centre of excellence," says Lukiwski.

"But of course it has implications not just locally. It's a great compliment to the city itself, but it's going to extend its reach far beyond the city."

**Quoted**

**"It gives Regina a reputation as a centre of excellence.... It's a great compliment to the city itself."**

Tom Lukiwski, Regina MP

**The union**

The project is an amalgamation of three pre-existing agencies — the Chemical, Biological, Radiological-Nuclear and Explosives Research and Technology Initiative, the Public Security Technical Program and the Canadian Police Research Centre, which already has its home in Regina.

## LADDER CLIMBING

**While Roughriders head coach Corey Chamblin has said that quarterback Darian Durant will likely be playing most of the game Friday, players like quarterback Levi Brown, right, are still battling for a chance to prove themselves and move up on the roster during training camp. Story, page 2.** JEFF MACKEY/METRO

## Not-guilty plea for Magnotta

In a video-link appearance at a Montreal courtroom, the suspected body-parts killer impassively pleads not guilty PAGE 4

## Beacon beach of Regina

Resident believes the Beach should offer more amenities such as food, shops, campgrounds, maybe even a shuttle bus PAGE 3

## Road works jam traffic

The pain caused by traffic congestion now will lead to commuter relief down the road, says city PAGE 2

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NEWS

On the web

## *'Octomom' facing home foreclosure*

**'Octomom' Nadya Suleman's California home was put up for auction Tuesday, but there were no bids, so it's been returned to the bank for foreclosure. Go to metronews.ca to learn more.**

## *Picasso back to 80-year-old self*

**Officials at a Texas art museum where a vandal spray-painted a Pablo Picasso painting last week say most of the damage to the more than 80-year-old artwork has been fixed. Go to metronews.ca to see a video taken by a witness.**

Mobile news

**A notice on Korean Air's website announcing the start of non-stop flights from Korea to Kenya sparked a flurry of angry tweets and Facebook posts earlier this week over the description of Kenyans as indigenous people full of "primitive energy." Scan the code for more.**

# Summer road projects in full swing

**Roadwork is underway in many parts of Regina, including here on Hamilton Street. Crews tore down a crane from the top of Hill Tower III on Monday. The work closed down Hamilton between 11th and 12th.** JEFF MACKEY/METRO

**Traffic snarls.** City says pain now will be commuters' gain down the road

JEFF MACKEY
jeff.mackey@metronews.ca

Traffic — especially traffic caused by roadwork — can ruin the best of days. As we roll into municipal roadwork season, it might comfort you to know that the city is thinking about commuters' needs and planning for our future.

"I know there has been a lot of work for the last few years downtown and I am sure there has been some airing of frustration," said Kelly Wyatt, director of developmental engineering with the City of Regina. "But it (detours) ends up being more of a redistribution than a change in the amount of traffic."

Wyatt is responsible for long-range traffic planning for the city.

"We have to look at how we get around a little bit differently," said Wyatt. "As the city grows, if we all continue to make the exact same choices, we are going to see more congestion unless we widen our roads accordingly. Of course, many of our main arterial streets have full development on either side."

According to Wyatt, this means we need to look at alternatives for the city's future.

"That might mean better transit systems or better bike lanes and network systems so that people can make better choices," said Wyatt. "We have to think long-term too about things like transit in terms of a mass or rapid transit system, but we are still quite a ways away from where we will have a population to make that viable."

As far as this year is concerned, residents can continue to expect the all-too common sight of detour signs all around the city.

"It is quite a busy summer (for roadwork), actually. There is a lot of work happening throughout the city with our crews and with our contractors," said Ted Duce, the co-ordinator of construction programming for Regina. "We are asking everyone to be patient as the work happens and hopefully we will have some nicer roads when it is all done."

**Survey says**

A recent poll conducted by Forum Research Inc. in Canada's 30 largest cities shows that just seven per cent of Reginans are satisfied with road work and repairs — well below the average of 15 per cent.

# Results mixed on wait-times report card

Saskatchewan received mixed grades Tuesday on the annual report card released by the national organization Wait Time Alliance (WTA).

The report, which evaluated wait times in Canada from spring 2011 to spring 2012, determined wait-time performances across the country.

Saskatchewan received an "A" in radiation therapy and coronary artery bypass grafts, but got a "D" in knee-replacement surgery and saw an increase in wait times in diagnostic imaging for CT scans.

Two years ago, the province introduced "third-party delivery," or a private clinic that administers CT scans to help share the burden of the waiting lists. Mark Wyatt is the executive director of Saskatchewan Surgical Initiative, a project within the health ministry that is attempting to cut down wait times. He says that the third-party delivery probably has nothing to do with the increase in wait times for this specific service.

"I wouldn't draw a direct connection," says Wyatt. "I think that facility has increased capacity in Regina. Without that facility I think that the wait times that people experience would be even greater."

Quoted

**"A 'D' in knee-surgery wait times is unacceptable. This is a quality-of-life issue for Saskatchewan families and they deserve much better."** Cam Broten, NDP health critic

Despite the good grade in radiation therapy, wait times increased in all-around care for breast, prostate and lung cancers.

Wait times stayed the same in most areas, including joint replacement and cataract surgery. The only area where wait times decreased was in MRIs.

"A 'D' in knee-surgery wait times is unacceptable," said Cam Broten, NDP health critic. "This is a quality-of-life issue for Saskatchewan families and they deserve much better."

Wyatt says: "I think the report shows a few cases where Saskatchewan has maintained or continued to make progress for various procedures. But I think it also shows that there is a lot of improvement that still needs to take place."

Wyatt says that the combination of a larger population and aging baby boomers is bringing the wait time numbers up. CARRIE-MAY SIGGINS/METRO

## First new potash mine in nearly 40 years

**From left, Ulrich Lamp, incoming CEO of K+S Potash Canada, Tourism, Energy and Resources Minister Tim McMillan, Norbert Steiner, CEO of K+S Group, and Richard Wilson, president of K+S Potash Canada, turn sod for the new Legacy Potash Mine near Bethune on Tuesday.**
ROY ANTAL/THE CANADIAN PRESS

Football

## Shakedown begins for Rider hopefuls

At the Riders practice on Tuesday the big question was who will be starting in Friday's pre-season game against the Calgary Stampede at Mosaic. After last Wednesday's crushing 44-10 loss to the Lions, the Riders need to conjure up a winning formula before the regular season starts on June 29.

The Riders are a very different team than they were at the end of last season. With so many new faces and with a new coach, competition for the No. 1 spot has become much more open than in other years. Friday's first team could very well give us a good idea of what the Riders' starting lineup for the regular season will be.

Coach Corey Chamblin said that his first team will be playing "probably till the beginning of the third quarter, so they are going to be getting enough action to get ready for this first game." JEFF MACKEY/METRO

# The Beach puts out welcome mat

**Untapped potential.** Supporters want to attract more shops and services — and maybe even a shuttle service to and from Regina

M.E. POWELL
regina@metronews.ca

Regina and its residents should support business and recreational activities at Regina Beach more, says one resident.

Matt Drackett considers himself a resident of Regina and of what he calls its "namesake," Regina Beach.

He believes the Beach, as it is known locally, could offer more food and clothing vendors, specialty shops, marine rentals, non-seasonal campgrounds, a bed-and-breakfast — even a shuttle to and from Regina.

"I just think that's not explored the way it could be," says Drackett. He's one of many in this bedroom community who commute into Regina to work.

The 2011 census lists its population as 1,081, says town Mayor George Schofield, but town water records prove its permanent-residents number is closer to 2,000 now.

The majority of Regina Beach seasonal cottage owners also own property in Regina, Schofield adds. On a busy summer weekend, the numbers can swell to 10,000.

**Quoted**

**"The entrepreneurs are taking a huge leap of faith in a community that traditionally hasn't supported businesses very well, so I think that's starting to change."**

Regina Beach Mayor George Schofield

"It's becoming a real destination that people want to come to, which we really like to see," says Schofield, who has been mayor since 2009 and is up for re-election in October.

Five years ago, he says, there were few year-round businesses in Regina Beach. "We didn't really have a business core."

Over the past two years, a Big Way grocery store opened. One gas station burned down and was rebuilt into a larger facility with a laundromat, car wash and other services. Restaurants, a new motel, hairstylists, shops and other businesses have opened.

"The entrepreneurs are taking a huge leap of faith in a community that traditionally hasn't supported businesses very well, so I think that's starting to change," says Schofield.

"And I think that one of the biggest reasons for that change is the fact that there are more people from Regina and area moving out here permanently."

Business opportunities such as a shuttle would require volume, availability, and other factors to succeed, points out Larry Hiles, president and CEO of the Regina Regional Opportunities Commission.

The Regina Beach Yacht Club marina and clubhouse as they looked in 2010. CONTRIBUTED/LES ASHTONOTO

**Regina Beach**

- A feasibility study has begun on amalgamating Regina Beach with the neighbouring town of Buena Vista.
- Regina Beach has been a recreation destination for Regina residents since the early 1900s. It became a village in 1920, a town in 1980.
- Between 1912 and 1949, Regina residents could travel to the beach on a special CPR excursion train.
- The Saskatchewan Transportation Company offers three daily runs between Regina and Regina Beach junction, stopping on demand at Highways 11 and 54. Last year, 100 tickets were sold for this service.

"There are opportunities there, there's no question about that," agrees John Hopkins, CEO of the Regina and District Chamber of Commerce. "It's just whether you can generate enough income over a short season."

**Flooding aftermath**

## *Yacht club rebuilds for centennial*

Last year's flooding took its toll on the Regina Beach Yacht Club. Lake levels rose over the breakwater that protected the docks and marina, and flooded the clubhouse.

"It's one of the few places in southern Saskatchewan where you can keep a boat in the water full-time, so our members come from all over," says Jim Phillips, a Regina resident who spends summers at the Beach.

The Yacht Club began in 1913, and in recent years offered 130 slips on Last Mountain Lake (a.k.a. Long Lake). This year, the old clubhouse was knocked down, and walkways and docks are being repaired. The club plans to raise $1.6 million to rebuild through disaster-assistance funds and other means.

"Hopefully we'll have a whole new clubhouse in operation on our 100th anniversary," says Phillips.

M.E. POWELL/FOR METRO

# Survey finds Saskatchewan residents are less healthy than the national average — but we're also less stressed

According to data from Statistics Canada's 2011 Canadian Community Health Survey, people in Saskatchewan aren't as healthy as the rest of the country, but we are feeling less stressed.

The percentage of occasional smokers in Saskatchewan jumped from 4.3 per cent in 2010 to 5.6 per cent in 2011. However, the national average for occasional smoking decreased by 3.3 per cent from 2010 to 2011. Both Saskatchewan and the country saw a decline in the percentage of daily smokers.

The percentage of people who consume five servings of fruit and vegetables in Saskatchewan saw a second decrease in as many years, falling from 40.1 per cent in 2009 to 33.3 per cent in 2011. Only Manitoba, Alberta and the Northwest Territories reported an increase in the percentage of people eating more fruits and vegetables in their daily diet.

But while we may not be making the best choices for our health, people from Saskatchewan report that they perceive less stress in their lives.

Only 18.8 per cent of respondents said they had quite a lot of perceived life stress, which is lower than the national average of 23.9 per cent. Quebec reported the highest levels of perceived stress at 29.4 per cent.

JANE CAULFIELD/METRO IN SASKATOON

**Alcohol consumption**

- Almost every province and territory reported an increase in the percentage of people who consume five or more alcoholic beverages during one outing at least once a month. Saskatchewan reported the second-highest increase, jumping 18.4 per cent from 2010 to 2011.

# Magnotta pleads not guilty in his first court appearance

**Body-parts case.** One day after arriving from Germany, accused killer is impassive in video link

Luka Rocco Magnotta has pleaded not guilty in the body-parts case, appearing calm Tuesday in his first court session.

Projected into the Montreal courtroom by video link, Magnotta protested his innocence in the slaying-and-dismemberment case that has drawn world attention.

His appearance lasted about three minutes.

Magnotta was impassive as he appeared onscreen at the courthouse.

Actually, he was standing at a police station in a different part of the city, flanked by a guard.

The 29-year-old murder suspect had arrived in Canada the previous day, shackled as he was returned from Germany aboard a military plane.

Magnotta, a self-described porn actor and prostitute, faces five charges, including first-degree murder, defiling a corpse, and harassing Prime Minister Stephen Harper and members of Parliament, as well as publishing and mailing obscene material.

He is accused of killing and dismembering Montreal university student Jun Lin, mailing out his body parts to different places, including the Ottawa offices of the Conservative Party of Canada, and posting a video of the events on the Internet.

Appearing before Justice Lori-Renee Weitzman, Magnotta pleaded not guilty through his lawyer Pierre Panaccio.

The case returns to court on Thursday, again by video, to discuss a motion to have Magnotta evaluated.

THE CANADIAN PRESS

Facing justice: Luka Rocco Magnotta sits in a van in Mirabel, Que., after arriving from Germany Monday. MONTREAL POLICE/THE CANADIAN PRESS

# Hosni Mubarak on life support, adding to uncertainty in Egypt

**Crisis in Cairo.** Questions arise over former leader's successor — and whether the position still holds power

Egypt's Hosni Mubarak was being kept alive by life support after he was rushed from prison to a military hospital in a rapidly worsening condition, officials said. The 84-year-old ousted leader's health crisis added a new element of uncertainty just as a potentially explosive fight opened over who will succeed him.

The state news agency MENA said Mubarak was "clinically dead" when he arrived at the hospital and that doctors used a defibrillator on him several times. It initially said the efforts were not successful.

But the official said Mubarak was put on life support. He had no further details on his condition. The official spoke on condition of anonymity because he was not authorized to talk to the press.

An Egyptian man chants slogans against the Supreme Council for the Armed Forces (SCAF) outside the Egyptian parliament in Cairo on Tuesday, as ousted Egyptian leader Hosni Mubarak was being kept alive by life support. MANU BRABO/THE ASSOCIATED PRESS

The developments add further layers to what is threatening to become a new chapter of unrest and political power struggles in Egypt, 16 months after Mubarak was ousted by a popular uprising demanding democracy. Egyptians were uncertain about Mubarak's fate, about who will succeed him and about whether his successor will have any power.

The campaign of Mubarak's former prime minister, Ahmed Shafiq, said Tuesday he has won Egypt's presidential election, countering the Muslim Brotherhood's claim of victory for its candidate, Mohammed Morsi.

The election commission is to announce the official final results on Thursday and no matter who it names as victor, his rival is likely to reject the result as a fraud. If Shafiq is declared winner in particular, it could spark an explosive backlash from the Brotherhood.

Hosni Mubarak THE ASSOCIATED PRESS

The Brotherhood, Egypt's most powerful political group, is already escalating its challenge against the ruling military over the generals' move this week to give themselves overwhelming authority over the next president.

Some 50,000 protesters, mostly Islamists, massed in Cairo's Tahrir Square on Tuesday evening chanting slogans in support of Morsi and denouncing the generals' power grab.

THE ASSOCIATED PRESS

# Syria. Government ready to evacuate besieged Homs

Syria's government said Tuesday it was ready to act on a UN call to evacuate civilians trapped in the rebellious central city of Homs for more than a week, but blamed rebels for obstructing efforts to get them out.

Maj.-Gen. Robert Mood, chief of the UN observer mission in the country, has demanded that all warring parties in the conflict allow safe passage for women, children and sick people who need to leave the city and other combat zones.

Activists said shelling and clashes between rebel fighters and troops in Homs continued unabated Tuesday, underlining the difficulty in organizing any sort of evacuation. Fierce shelling was reported on the rebel-held districts of Khaldiyeh and Jouret el-Shayeh and nearby areas. Troops backed by helicopter gunships were also bombarding the town of Rastan, north of Homs, which is controlled by rebels.

The Britain-based Syrian Observatory for Human Rights reiterated an urgent appeal for world leaders to intervene to stop the shelling that has trapped more than 1,000 families and "the systematic killings that the Syrian people in Homs are being subjected to."

A Foreign Ministry statement carried by state-run news agency SANA said the government has contacted the UN observer mission and local authorities in Homs to start efforts to bring out the trapped civilians.

"But the efforts of the UN monitors' mission failed in achieving this goal because of the armed terrorist groups' obstructions," the statement said. It charged that armed groups were using innocent civilians as "human shields."

THE ASSOCIATED PRESS

**Trapped**

**Activists say around 1,000 families have been trapped by ongoing government assaults in Homs.**

- The UN said Saturday its 300 observers based in Syria were suspending all missions because of concerns for their safety after fighting intensified over the previous 10 days.

# On stilts, no less! 150 years before Nik Wallenda there was daredevil Charles Blondin

One 150 years before wire walker Nik Wallenda crossed Niagara Falls, a Victoria, B.C., woman's relative was walking a tightrope across the Niagara Gorge — on stilts.

"He did it on a hemp rope," said Linda Seabrook, the great-great-great-granddaughter of daredevil Charles Blondin.

Wallenda made the crossing in Niagara Falls last Friday to a televised audience of millions.

Despite his protests, he was strapped to the wire with a harness at the request of ABC television.

Seabrook says that, unlike Wallenda, her ancestor walked across the Niagara River without a safety net multiple times.

She says he was best-known for his theatrics on the tightrope.

He once made the crossing blindfolded. Another time he carried his manager on his back. He even cooked an entire omelette, and ate it while sitting down on the rope.

ELIZABETH HAMES/FOR METRO

Charles Blondin carrying his manager, Harry Colcord, on a tightrope. CONTRIBUTED/CREATIVE COMMONS

**'The Great Blondin'**

**He was born in 1840s France as Jean-Francois Gravelet, but he adopted Charles Blondin as his stage name. Blondin's parents enrolled him in an acrobatics school.**

- Seabrook said the daredevil gene hasn't been passed down to her. She is an accountant.
- Touring, he became the "Great Blondin."

## Healthy ice cream for dogs

**Kiyoko eats ice cream in a pet shop in Rome on Monday. Gelato for dogs contains no milk products harmful to canines. With temperatures in Rome topping 36 C, dogs are lapping up the icy treat from pet-supply stores.** ANDREW MEDICHINI/THE ASSOCIATED PRESS

# Berlin. Dutch man who claimed memory loss faces fraud investigation

Tough times may be ahead for the Dutch man who claimed for months he was a teenager with memory loss who had been living in woods outside Berlin.

Police said Tuesday they've opened a fraud investigation against Robin van Helsum. Berlin youth authorities are tallying the costs of nine months care and want it back.

Van Helsum's story fell apart last week after he was identified from a photograph police put out.

He admitted fabricating a story his parents were dead and not knowing who he was. THE ASSOCIATED PRESS

This photo from the Berlin police shows a teen who claimed he lived in the forest and had memory loss. THE ASSOCIATED PRESS

**Romanian PM**

## Plagiarism charge

Romania's prime minister Victor Ponta is said to have copied large swaths of his doctoral thesis without proper attribution. About half was plagiarized, says Nature magazine. THE ASSOCIATED PRESS

**Banned: Against Islam**

## Malaysia bans Canadian's book

A Borders bookstore manager in Malaysia has been charged with distributing a Canadian writer's book that was banned. The book is Allah, Liberty and Love. THE ASSOCIATED PRESS

# RIO+20 IS SENDING OUT

**Environment.** Metro talks to the Blue Marine Foundation and other experts about how to stop trashing our oceans

MICHELLE CASTILLO
Metro World News

From June 20 to 22, leaders, officials and advocates from the private and public sectors will meet in Rio de Janeiro for the United Nations' Conference on Sustainable Development, otherwise known as Rio+20. Topics up for discussion include how to solve global poverty, social inequality and the destruction of the environment.

Easy, right? Yeah, sure.

But those planning to attend say the gathering will make a difference, especially for marine advocates. "Rio can go a long way to help our oceans," says Charles Clover, chairman of the Blue Marine Foundation. His organization, which worked with Metro to put together this feature, was created in 2010, and aims to "create marine reserves and private-sector solutions in the sea, which enable fisheries to be restructured to promote sustainable fishing."

Clover says the task is a vital one because the reserves keep fish and other wildlife safe from the destruction wreaked on them almost everywhere else in the oceans by fishing fleets and problems including climate change and pollution. Fishing sustainably also means fishermen can earn a living now and in the future.

"What we really want and need from Rio," Clover says, "is a ratified system of governance for the high seas which would replace the present lack of fishing regulations. They encourage a devastating free-for-all. As part of this, we want Rio to make it possible to create marine reserves in international waters, something that just can't be done as things stand but which is desperately important."

## Blue Marine not alone

Another group with an agenda for positive change is the International Ocean Institute (IOI), based in Malta. The nonprofit group hopes to convince nations at Rio to adopt policies to protect our big blue wonders.

"Perhaps Rio can be the wake-up call to the unconscionable attitude humans have toward the ocean, and that our very survival depends on bridging the governance deficit in managing our oceans," says Dr. Awni Behnam, president of IOI.

Pollution is his main concern. Behnam estimates that more than 46,000 pieces of plastic are floating in every square mile of ocean. The concentration is especially high in the North Pacific Gyre in an area known as the Great Pacific Garbage Patch.

Ocean currents push all the trash into this area, even if the pollution was deposited from other parts of the world. It's also why scientists see garbage in the most remote parts of the Arctic, more than 1,000 kilometres away from major populations.

"The human-trash problem is not just a cleanliness issue per se, but a really insidious problem," says Steve Gittings, science co-ordinator for the National Oceanic and Atmospheric Administration's National Marine Sanctuary Program, a U.S. government organization.

Not only does the garbage not break down, but it's also invisible, says Dr. Simon Boxall of the National Oceanography Centre. "This isn't some big pile of bags and bottles that we can go and scoop up. It's microscopic dust particles, as the bigger items break down mechanically," he says.

The overall pollution in our environment leads to climate change and ocean acidification, which occurs when the pH level rises, making the water more acidic. Dr. Scott Doney, a senior scientist of marine chemistry and geochemistry at Woods Hole Oceanographic Institution in Woods Hole, Mass., says it occurs when humans burn fossil fuels, producing carbon dioxide, which is absorbed by the ocean and changes the seawater chemistry.

"There aren't any specific human health issues that have come up yet, but what's concerning is that a lot of plants and animals that people depend on appear to be sensitive to changes," Doney says.

## So, to sum up ...

Overfishing, pollution, climate change — heavy stuff. The key is getting governments on board to help change laws to make regulation easier. "Climate change, for example," Gittings says. "No one seems to want to step up and make the major policy decisions. It's a tricky and costly one."

Organizers hope the Rio+20 conference will provide the push governments need to take action.

**Watch The End of the Line**

**Blue Marine Foundation co-founders George Duffield and Chris Gorell Barnes produced the award-winning documentary The End of the Line. To learn more and to watch the film, go to bluemarinefoundation.**

**A father and daughter survey the BP oil spill.** GETTY IMAGES

## Harmful garbage. Our waste is creating toxic algae

Watch where you throw out that empty plastic pop bottle! Up to one million seabirds and 100,000 mammals die each year from trash-related problems, the IOI says. Bags routinely choke turtles and seagulls, and if they ingest plastic pieces, it can act as a magnet for other contaminants that cause cancer.

Another issue: Hypoxia eutrophication — which has been attributed to the rise in agricultural chemicals, industrial byproducts and waste from population growth — depletes oxygen in our oceans and causes conditions for harmful algae to proliferate. As animals die and the algae use up all the available oxygen (releasing more carbon dioxide in exchange), this creates what Lisa Levin, director of the Scripps Center for Marine Biodiversity and Conservation, calls oxygen "dead zones." That's a term you never want to hear when about to go for a swim. METRO

**Let's think about the impact the next time we drive.** THINKSTOCK

## Need for speed. Drilling has us tearing up seabed

Demand for fossil fuels is driving more companies to drill for oil under the sea. Besides the noise pollution that affects animals that depend on sonar and vocalization to communicate, drilling brings in other contaminants and extra boat traffic, changing the animals' habitat.

"Deep-sea oil and gas and energy extraction already has the potential for major accidents," says Lisa Levin the Scripps Center. "Now, mining companies are set to mine precious metals in the deep ocean. They target countries with limited regulations when it comes to the deep sea."

Though current legislation has created some worldwide marine protectorates, and some countries have taken steps to protect their oceans through clean-seas acts and laws that regulate ship waste, not much will change unless people are willing to change their habits. METRO

# AN SOS: SAVE OUR SEAS

In need of a lifeline

## *Who killed all the fish?*

In the 19th century, visitors to European coastal resorts were often greeted with the sight of huge skates hanging from wooden stakes along the shore, some the size of dining tables. The meat of these fish was considered too tough and rank to be eaten fresh, but a few days in the open air softened them up nicely.

Such giants are unfamiliar to modern shoppers because there are virtually none left. Even by the mid-19th century they had begun to decline as bottom trawlers dragged their nets across ever larger areas of seabed, and hook-studded longlines stretched farther.

The common skate is but one of dozens of fish that have come and gone from markets in the past century. Fisheries the world over made the revolutionary transition to engine power in about 1900, allowing boats to deploy bigger nets and fish deeper and farther offshore.

Add fast-freezing to the package — an invention of American entrepreneur Clarence Birdseye in the 1920s — and fishermen were freed to move into the haunts of exotic new species.

Rachel Carson, whose book Silent Spring started the environmental movement 50 years ago, wrote a pamphlet in 1943 urging housewives to try new fish species. Two of her picks, the rose fish and the wolf fish, enjoyed a brief boom in catches. But stocks rapidly collapsed and they are scarce today.

Orange roughy, another deepwater fish, burst onto markets in Australia and then across the world in the 1980s when huge stocks were discovered 1,000 metres down, only to collapse a few years later.

There is a good chance that a recent favourite from Antarctic waters, the Patagonian toothfish, known as Chilean seabass to North Americans, will soon follow the roughy's fate.

Elsewhere, the ongoing collapse of the bluefin tuna — the world's most expensive fish — could see them disappear from the table within a few years.

In an oft-repeated pattern, big predators such as bluefin decline quickly and are replaced by animals from lower down the food chain, like prawns and squid. In the past, we shunned these species and threw them back or used them as bait.

Some kinds of seafood have boomed, busted and made a comeback as fish farms have spread, such as oysters which were popular among common people before the end of the 19th century but in the early 20th century most stocks had collapsed from overfishing, disease and pollution. Today fresh oysters are back on the menu, as sweet and delicious as ever.

Unless overfishing is brought under control, we will see further losses of common seafood species, and many scientists predict a future in which we must eat jellyfish or plankton for want of anything else.

*TOGETHER WITH BLUE MARINE FOUNDATION and End of the Line (endoftheline.com)*

**PROFESSOR CALLUM ROBERTS**
Trustee of the Blue Marine Foundation and author of Ocean of Life: How our Seas are Changing

The stats

## 17x

Fishing vessels have to put in 17 times more effort today than in 1889 to catch the same quantity of fish in U.K. waters. Source: Professor Callum Roberts, University of York, U.K.

## 79.7M

79.7 million tonnes of fish were caught at sea in 2009. When farmed and inland fish are taken into account, more than 145 million tonnes were produced, of which 117.8 million tonnes were eaten by people. Source: UN Food and Agriculture Organization (FAO)

## 15.7%

On average, every person in the world ate 17.2 kilograms of fish in 2009. It accounted for 15.7 per cent of the global intake of animal protein. Source: FAO

## 4.3M

In 2009, there were 4.3 million fishing vessels worldwide. Of these, 59 per cent were powered by engines, the rest by sails or oars. Source: FAO

## 28%

Twenty eight per cent of the world's fisheries are over-exploited, three per cent are depleted and one per cent are recovering. Fifty per cent are fully exploited but only three per cent are under-exploited while 12 per cent are moderately exploited. Source: FAO

## 24 tonnes

In Asia each fisherman produces 2.4 tonnes of fish annually. In North America the average fisherman produces 18 tonnes annually. In Europe the average fisherman produces 24 tonnes. Source: Blue Marine Foundation

# The Rio+20 headlines

**Among the topics to be discussed at this year's conference ...**

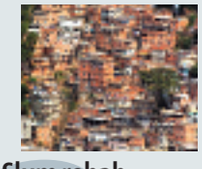
KIERON MONKS
Metro World News

### 1 Toxic oceans

Acidification and resource depletion of the world's seas will be addressed at a dedicated Oceans Day. Themes will include how to deal with disasters such as the BP Gulf of Mexico oil spill.

### 2 The $4-trillion question

The UN hopes to sign up 7,000 businesses to invest in clean technology that will have an estimated value of $4 trillion US.



### 3 Slum rehab

Host country Brazil has led the way in building economic hubs in shantytowns, establishing construction and waste-management groups. Other nations will explore ways to solve poverty and develop infrastructure.

### 4 BRIC party

This year's conference is driven by Brazil, Russia, India and China — the newly advanced economies known collectively as BRIC. It's an opportunity for new players to gain influence.

### 5 Collapse?

At press time, only 20 per cent of the Rio+20 draft text agreement had been finalized, amid reports of deep divisions, which led WWF director Jim Leape to predict either a "meaningless agreement or complete collapse."

EXCLUSIVE: Metro VIP

# THE PRINCE OF WALES

In an exclusive column before Rio+20, Prince Charles reveals what he's learned from his sustainability unit and offers a prescription for the future: "Seeing is believing," he urges

## *'REBUILD FISH STOCKS AND PREVENT FUTURE EXPLOITATION'*

It is all too easy to believe that news on the state of fish stocks amounts to a relentless counsel of doom, but, fortunately, there is a more positive story emerging, and it gives me considerable hope.

Research conducted by my International Sustainability Unit (ISU) reveals that, in many parts of the world, positive steps are being taken to establish a much more sustainable way of managing these vital self-renewing resources.

In 2008, developing countries exported about $27 billion worth of fish. Fishing supports the livelihoods of more than 120-million people, and one billion people rely on fish as their main source of protein. So it is important to see that what many call an environmental problem is also an economic and social one. As long as there are fish to catch, many millions of people enjoy job security and the social cohesion that comes from that.

And it could get better. The World Bank recently estimated that an extra $50 billion a year could come from annual catches if better management was put in place. So what needs to be done? Analysis by my ISU team has shown that many examples of better practice around the world are underpinned by three broad factors.

First, they have all been implemented with the understanding that fish don't exist in isolation from the environments that sustain them. There are many tools available to help manage fish stocks in ways that respect ecosystems — things like improving fishing gear, protecting stocks during spawning, setting aside protected areas or taking a precautionary approach to exploitation.

The second characteristic is the creation of well-designed rules for intelligent fishing that are enforced robustly. This includes proper monitoring and appropriate penalties to deter illegal fishing.

Finally, there is sound economics. Good management of fish stocks is rewarded with secure and decent livelihoods for those who do the fishing. There are several ways in which this can be achieved.

One would be improving labelling to encourage consumers to demand more sustainable seafood. Another is the establishment of appropriate long-term rights that give fishers a stake in the future of their fishing grounds.

It seems to me that it would also make a tremendous difference if official subsidies really focused on supporting socially and environmentally positive activities. All too often, better ways of doing things are inadvertently penalized by how subsidy systems work.

I find it encouraging that there are many examples of positive progress, from the U.S. to Indonesia and from Iceland to Vietnam, where fishing communities are adopting the approaches needed to rebuild fish stocks. Where this happens, stocks recover and communities reap the benefits. The urgent questions, it seems to me, are how can these examples of best practice be spread and how quickly can this be done?

One powerful way to do this is through a process I have employed for many years in other sectors — what might be called "seeing is believing." This, simply put, involves inspiring people to change their behaviour through showing them what is already being done through successful examples of best practice. My hope is that my ISU can play a small role in this.

Genuine multi-stakeholder partnerships must urgently be pursued to introduce best-practice sustainable fisheries management to all corners of the world. Everyone can play their part, including consumers. They can become more aware of the choices they make and ensure the fish on their plates is sustainably sourced. When you consider that the alternative is the continued decline of the world's fish stocks, I fear that we really have no other choice.

His agenda

### Making decisions 'future-proof'

The Prince's Accounting for Sustainability Project is part of the Prince of Wales' International Sustainability Unit, developed to "ensure that we are not battling to meet 21st-century challenges with, at best, 20th-century decision-making and reporting systems.

The project's work focuses on ways to integrate measures of environmental health, social well-being and economic performance to provide a "future-proofed" framework for decision-making, to build the capacity needed to take action." It has organized a panel about the topic at Rio+20. METRO

HOW SUSTAINABLE FISHING WORKS
A step-by-step look at how one company, PNA Western and Central Pacific skipjack tuna fishery, makes it happen.
STEP ONE
Catches fish using purse seine net. Shoals are surrounded, the bottom is drawn tight shut and the fish are hauled out in what is in effect a huge string bag.
Among the sustainable measures in place: Fish aggregation devices (FADs), floating platforms which attract the fish but also other species, are banned. Also, vessels are limited in how long they are allowed to stay out at sea. And observers accompany each vessel to monitor catches.
STEP TWO
Once on board the fish are stored in holds and frozen.
STEP THREE
They are taken to port for unloading. Transferring catches at sea is banned.
STEP FOUR
Catches landed at port are sent either direct to Pacific Island factories for processing and canning or are loaded into ships to be transported to factories in other parts of the world. Most of the catch is exported under the brand name Pacifical. Pacifical is a joint venture between the PNA and the Netherlands company Sustainable. Among the aims of Pacifical are to promote sustainable fishing, provide local employment and offer tuna to customers at affordable prices (as opposed to paying a premium for sustainably sourced fish).
STEP FIVE
The main customers are the US, UK, Japan and Korea. PNA controls around 30% of the global tuna supply, and 4 million square miles of sea.
It produces 267,000 tonnes annually, enough for 2.67 billion tuna sandwiches.

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## Cost-of-living survey.
# Toronto judged most expensive city in Canada

A new global survey rates Toronto and Vancouver as among the most expensive cities in North America for expatriates locating there.

The new Mercer cost-of-living survey places Toronto at No. 61 and Vancouver at No. 63 among 214 world cities assessed in cost of living for expatriates.

Only New York at No. 33 is more expensive in North America.

But North America remains relatively cheap by world standards, beaten by cities in Asia, Europe, Russia, South America, Australia and Africa.

The top three spots went to Tokyo, Luanda, Angola, and Osaka, Japan. The least-expensive city is Karachi, Pakistan, assessed as less than one-third as expensive as Tokyo.

THE CANADIAN PRESS

**By the numbers**

- Other Canadian cities to make the list were Montreal at 87, Calgary at 92 and Ottawa, the least-expensive of the group, at 115.
- The survey measures the comparative costs of over 200 items, including housing, transport and food.

**Market Minute**

**DOLLAR** 97.65¢ (+0.56¢)

**TSX** 11,788.36 (+187.23)

**OIL** $84.03 US (+76¢)

**GOLD** $1,6221.60 US (-$5.40)

**Natural gas:** $2.545 US (-9¢)
**Dow Jones:** 12,837.33 (+95.51)

# Canada leaves G20 with invite to join trade talks

Prime Minister Stephen Harper speaks at a news conference following the G20 Summit in Los Cabos, Mexico, on Tuesday. ADRIAN WYLD/THE CANADIAN PRESS

**Summit ends.** World leaders call on Europe to take action on eurozone's continuing financial crisis

Prime Minister Stephen Harper leaves the G20 summit in Mexico with an invite to pull up a chair at major trade talks, and newfound confidence that Europe will take bold action to get its economic house in order.

The two-day summit closed Tuesday with leaders of the world's 20 most important economies urging their European counterparts to break the vicious circle of debt-burdened banks and cash-strapped countries.

Even though Europe was at the top of everyone's mind at the summit, behind the scenes Canadian officials were trying to wrap up a long-standing negotiation with the Americans.

Canadian officials met late into Monday night with representatives from the United States. The prime minister followed up Tuesday morning with a one-on-one meeting with U.S. President Barack Obama.

Harper then announced Canada has been asked to sit at the negotiating table for the proposed Trans-Pacific Partnership.

"Opening new markets and creating new business opportunities leads to jobs, growth and long-term prosperity for all Canadians," the prime minister said in a statement.

The announcement came a day after G20 host nation Mexico was invited to join the talks.

Nine countries are currently negotiating a free-trade pact that many feel will have more economic strength than the North American Free Trade Agreement.

THE CANADIAN PRESS

**Quoted**

**"A TPP agreement will ... provide greater economic opportunity for Canadians."**

**Prime Minister Stephen Harper,** on Canada joining the Trans-Pacific Partnership talks

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# YOU HAD ME AT 330 POUNDS

JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Open letter to Rob Ford, mayor of Toronto:

OK, as PR campaigns go, "Cut the Waist" collapsed under its own weight.

It's hard enough pledging to lose 50 pounds in five months, never mind with the whole nation looking on and making fun.

And then, whenever you do turn up to weigh in, a bunch of media jackals pound you with rude questions about transit and budgets.

It's even harder when you fall off the scale on the final weigh-in, 33 pounds from your goal, as the peanut gallery laughs even harder.

**We can all relate, Rob**

**"In fact, according to the United Nations, three-quarters of North Americans are overweight. You're not alone."**

But I want you to know: You're my inspiration, Big Guy.

Look, you're not the mayor of Toronto because you're the intellectual heir to Albert Einstein. You're the mayor of Toronto because regular people can relate to you. And regular people struggle with their weight. In fact, according to the United Nations, three-quarters of North Americans are overweight.

You're not alone.

Take me, for instance. I'm a meat yo-yo. I find it easy to lose weight … and I find it even easier to put it back on again. In January, when you joined your brother Doug and pledged to lose 50 pounds, I was 40 pounds overweight and contemplating a trip to Mr. Big and Tall for a wardrobe upgrade.

I figured if the Big Guy could wrap his meaty paw around a stick of celery, well, so could I. And as you took the heat, I got out of the kitchen. Since January, I've lost 31 pounds and "Freedom 40" is in sight. Plus I've managed to get on and off the scale without injuring myself. Bonus.

Although I've managed to keep my jaw shut at key moments, it hasn't been easy. You were subject to ridicule when you were discovered slinking out of KFC. Let me say that I am haunted daily by KFC. I could eat a whole family bucket of that stuff and then hit the fries and gravy.

And it's not just KFC. That A&W Root Bear relentlessly pursues me with discount coupons. And every day at quittin' time, the hungriest time, I have to walk past the best pizza joint on the planet and all those succulent slices laid out on the slab. The aroma alone is fattening.

The glass is half empty, and that's a good thing. You're 13 pounds lighter than you were in January. You proved to yourself and the rest of Fat City that you can lose weight if you put your mind to it.

Keep going. Do it for yourself, and no one else.

And I'll see you on the skinny side.

Toronto Mayor Rob Ford had his final weigh in Monday, where he missed his weight-loss target by 33 pounds and then fell off the scale.

PAWEL DWULIT/TORSTAR NEWS SERVICE

# Saved by royal appointment

GETTY IMAGES

**Rhino conservation**

## Prince condemns horn poachers

In a rare interview, Prince William has condemned people involved in the illegal trade of rhino horns as "extremely ignorant, selfish and utterly wrong." He was speaking in Port Lympne Wild Animal Park in Ashford, Kent, southeast England, to meet three endangered black rhinos before they were reintroduced into the wild in Tanzania. METRO

**The prince's speech**

- **It's all about education.** "My message to them is simply 'Stop'.... It's a message about educating people and understanding that when you buy that rhino horn, or when you buy that ivory, you are taking this from an animal that has been slaughtered for this decorative ornament you have on your mantelpiece and you have at home — is that really what you desire and what you feel is right in the world?"

**Rhinos in numbers**

## 4,800

**black rhinos are left in the wild in Africa, with experts saying the animal is being slaughtered at the rate of two a day.**

**Illegal trade**

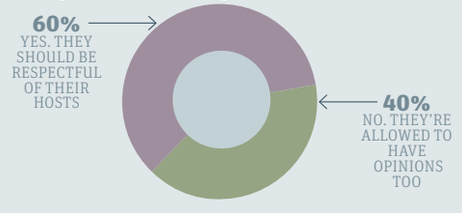
## Demand puts rhinos on brink

Black rhinoceros, native to eastern and central areas of Africa, have been poached to the brink of extinction due to the demand for their horn, both for use in Chinese traditional medicine and for traditional Yemeni dagger handles. Experts estimate that around 95 per cent of the black rhino population has been lost. A single horn can fetch $250,000 US. METRO

Metropolitan Panel

**Register at metropolitanpanel.ca and take the quick poll**

## Do celebrities who diss the city they are filming in deserve to get flak for it?




**Twitter**

**@cjburwell:**
Coming back as the Saskatchewan Roughriders press box announcer for a second year #yqr #cfl

**@jennsmithnelson:**
RT @skscienceentre: Happy 109th birthday Regina! LOOKING GOOD! I like how your trees have filled out. Have you been working out? #YQR

**@Krista_B_85:**
There are few things more infuriating than the sign on Pasqua and Rochdale right now. "Your speed is 1KM/hr. Have a nice day!" #yqr

**@schmutzie:**
It's sunny 321 days a year here in Regina, Saskatchewan every year. I might complain about the weather, but that's b/c I'm ungrateful. #yqr

**@UofRegina:**
Wow - it's Regina Pride AND National Aboriginal Day this week! Gonna make for a mountain of events to take part in! :) #yqr #nad

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2
SCENE

Scene in brief

## Ever wanted to see Shia LaBeouf naked?

If Sigur Ros' new video were a movie, it might merit an NC-17 rating. For the band's clip of Fjogur Piano released Monday, Transformers star Shia LaBeouf appears naked. Alma Har'el directed the video. It is part of a series being created for the band's latest album Valtari. The video also features female nudity, dancing, an octopus, lollipops and trippy images. Band bassist Georg Holm said the director and LaBeouf collaborated on the idea for it. Holm described it as "absolutely amazing." Videos don't come with ratings. But the Sigur Ros video does have a warning for its content before it begins. THE ASSOCIATED PRESS

On the web

Justin Bieber proves too hot for Apollo Theater as power goes out

Brave tells the story of a Celtic princess who rebels against her mother. Scottish actress Kelly Macdonald voices Merida, the film's anti-princess. DISNEY/PIXAR/THE ASSOCIATED PRESS

# Fairy tale revamp: Damsels in distress a thing of the past

**Brave girls.** The new generation of movie princesses do so much more than wait for Prince Charming to save the day

IN FOCUS
Richard Crouse
scene@metronews.ca

When one thinks about movie princesses a few names come top of mind: Snow White, Cinderella, Aurora and Belle. This fab four have come to define what being a movie princess is all about. Or at least they used to.

Once upon a time a movie princess was a damsel in distress, swathed in pink and jewels, waiting for Prince Charming to come to the rescue.

Lately, however, the movies have given us a different kind of princess, one who is more into grrrl-power than girly-girl.

Mark Andrews, the co-director of this weekend's cinema release Brave, the story of a Celtic princess who rebels against her mother, calls the movie's lead character "an anti-princess."

"She's an active and action-oriented person," he says.

"She wants to get out in the outdoors of the Highlands, escaping from castle life and exploring the woods."

Brave isn't the first movie to shatter the stereotype of the pretty pink princess.

According to Roger Ebert, Ariel, the teenage mermaid princess of The Little Mermaid, "is a fully realized female character who thinks and acts independently, even rebelliously, instead of hanging around passively while the fates decide her destiny."

In other words, she still marries her prince charming, but for the first time a Disney princess gave a lesson in independence and had a hand (or fin) in deciding her fate.

The success of that movie led to a new batch of princesses who were empowered and could look after themselves and others.

Pocahontas was an adventurous princess who put her own life at risk to stop a war between her people, the Powhatans, and the British settlers, and the fiery Mulan broke gender boundaries by enlisting in the army and saving China from total devastation at the hands of the Huns.

Jasmine, the daughter of the wealthy Sultan of Agrabah and the princess at the heart of Aladdin, didn't fight off invaders but she did do something that made her unique in the Disney princess world.

Tired of life in the royal palace, instead of waiting for rescue, the independently minded noblewoman made her own way, even deciding to marry a commoner rather than a prince.

But not all anti-princesses are animated.

The recent mega-flop John Carter featured Martian Princess Dejah Thoris (Lynn Collins) who, despite falling for the prince charming title character, was also a warrior and a scientist who wasn't afraid to stand up for things she believed in.

Less girl talk and more girly action

**"She's an active and action-oriented person. She wants to get out in the outdoors of the Highlands, escaping castle life and exploring the woods."**

**Mark Andrews, co-director of Brave**
On the princess in the movie

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Mark Wahlberg

## Wahlberg hints at Entourage big screen possibilities

Fans of HBO's inside-Hollywood series Entourage can rest easy. Executive producer Mark Wahlberg confirms to the Today Show that a movie spin-off for the show is in the works, with creator Doug Ellin hard at work on a script.

The series ended after eight seasons with all the main characters finding happiness — including Hollywood agent Ari, played by Jeremy Piven, ditching his job to reconcile with his wife — but Wahlberg suggests that won't last.

"The dream job (Ari) got offered is too good to pass up," Wahlberg teases.

**Quote**

**"The dream job [Ari] got offered is too good to pass up."**

**Mark Wahlberg**
Giving a teaser about an Entourage spinoff

**The Word**

## *Charlie Sheen preparing for retirement*

Charlie Sheen insists that his new series, Anger Management, will be his last gig before retiring.

"When I'm done with this business it's just going to be about soccer games and amusement parks," Sheen tells the New York Times.

"And when this ends, I'm done. This is my swan song."

Aside from looking forward to spending more time with his kids, Sheen is also excited to have something else after Two and a Half Men, which "wasn't meant to be my legacy," he says. "This is."

Of course, the show may not end anytime soon. While only 10 episodes of Anger Management have been filmed, if the network decides to keep it, they'll immediately order 90 more, thanks to Sheen's one-of-a-kind contract.

**METRO**

Justin Bieber ALL PHOTOS GETTY IMAGES

## Bieber likes to keep his personal life private by talking to magazines about it

Justin Bieber's relationship with Selena Gomez is going great, in case anyone was worried.

"What does love feel like? It feels good. If you're really in love then you should get butterflies. Butterflies and happiness, that's how I feel anyway," Bieber says in an interview with Fabulous magazine.

"My first kiss with Selena was the best of my life. It was in the car. It was scary and spontaneous and it was just awesome."

Despite his candidness in this particular interview, Bieber admits that he doesn't like to talk about his relationship that much with the press.

"I never like to throw it in my fans' faces. I love my fans and I'd never want to do that to them," he says. "It's my private life and I like to keep separate. I don't have many things that I get to keep to myself but that's one thing."

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# 3 LIFE

Spectacles

## *Viva Cirque du Soleil*

**Tickets are now on sale for the latest Cirque du Soleil show to hit the Las Vegas Strip. Members of the general public can start buying tickets Friday for the Zarkana show at Aria Resort and Casino. Tickets went on sale Monday for members of Cirque Club and M Life, and Aria preferred customers. The acrobatic show kicks off in Las Vegas in November.**

THE ASSOCIATED PRESS

## *Up up and away!*

**Four years ago Kent Couch made headlines by floating from Oregon to Idaho on a lawn chair hoisted into the clouds by party balloons. And he's going to fly again, this time with a buddy at his side. They are planning to take off July 14 from the parking lot of Couch's gas station and convenience store in Bend, Ore., the way he did in 2008 when he floated 235 miles to an Idaho farm field.**

THE ASSOCIATED PRESS

On the web

**The Associated Press sent reporters out with a tourist's itinerary on a weekday in June in five cities around the world — New York, Paris, Tokyo, Dubai, and Buenos Aires. Scan the code to read about the prices and wait times they encountered.**

Pixar's new movie Brave takes place in 10th-Century Scotland. HANDOUT

# Scotland — home of castles and the Brave

**Pixar.** Latest animated film inspires travel to mysterious, historic Scottish sites

NED EHRBAR
Metro World News in Hollywood

Quoted

**"When you're dealing with ancient Scotland, every single item —every stone, every tree, every structure — has a tremendous sense of history to it..."**

John Lasseter, Pixar head

An animated film may seem like odd inspiration for a vacation, but the folks behind Pixar's latest, Brave, put such painstaking work into digitally recreating Scotland that you won't be able to help but want to go visit. After all, the filmmakers can't have all the fun.

Teams from Pixar headed to Scotland twice during preparation for the film, first to find inspiration and again to take samples to get the natural beauty just right — which turned out to be more difficult than expected.

"The reason Brave is so incredibly challenging is because the computer likes to make things perfect, geometric," says Pixar head John Lasseter.

"When you're dealing with ancient Scotland, every single item — every stone, every tree, every structure — has a tremendous sense of history to it with layers of moss and dirt and wear from the weather. There's a certain level of detail that you need to have in order to make this kind of environment believable."

Co-director Steve Purcell admits that while they were in Scotland on business, it never really felt like work.

"It's definitely fun. We did a lot sketching and drawing, and we'd meet the local people in whatever town and ask them what kind of folklore and stories they had," Purcell says.

"(Ardanaiseig Hotel) was one of our favourites, just because it was so colourful. The owner's son gave me a wooden cross to take to my room that night. He said, 'I hope you're very strong because you have a strong ghost.'"

That sense of folklore and mystery permeates Scotland, explains Brave director Mark Andrews, who was already a fan of the country after spending his honeymoon there.

"Nothing didn't have a story. Every creek and branch and thing," he says.

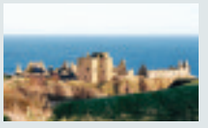
"We got back and (while) developing the film, we wanted that aspect in there that every character is telling a story or knows a story, or there's a story about everything that's happening in Brave, so you get story upon story upon story upon story upon story, interwoven in the actual movie."

While clearly a big fan of Scotland, Andrews has trouble narrowing down the best places to visit.

"Well, there's Loch Maree up in the Torridons, which is phenomenal. There's a little town called Ullapool, which I know is werewolf-infested," he says.

"On the Isle of Skye, we saw the Queen of the Faeries mound. There are these strange dolomite things in this valley, and nobody lives on that side of the valley because they think it's faery-haunted."

So, we tried to do the job for him, picking the best Brave-inspired locations for your itinerary. See right panel for details.



### 1 Dunnottar Castle

A ruined medieval fortress on the north-east coast of Scotland dating back to the 15th or 16th century, this imposing outpost was the starting point for designing the Dun-Broch castle featured in the film.

### 2 Glen Affric

The quintessential mysterious Scottish forest, this nature reserve in the Highlands is possibly the best example of a glen, with moss and heather covering the ground. With the River Affric running through, there's ample opportunities for hiking, rafting and swimming.

### 3 Isle of Skye

The largest island of the Inner Hebrides, the Isle of Skye is rife with both local folklore and sweeping Highland landscapes. Highlights include the enchanting Faerie Glen, the odd-shaped rock formations of the Quiraing and the 200-foot sea cliff Kilt Rock.

### 4 Edinburgh

While not featured in Brave this city became the home base and jumping-off point for the Pixar crew. As co-director Steve Purcell observed, it has a unique charm and magic worth exploring. "It kind of looks like it was designed by a children's book artist."

# Tacos get a modern low-calorie (and Thai-influenced) makeover

If you ordered these Thai Tacos with slaw from a take-out establishment, they would come in at a hefty 800 calories. In this recipe, a serving is 400 calories, half of the fast-food variety.

Make your meal a combo with a tasty Asian Slaw.

**1.** Toast taco shells for 20 to 30 seconds in a toaster oven or for 1 minute in a 180 C (350 F) conventional oven.

**2.** In a sauté pan, lightly heat tuna. Reduce heat to low and quickly stir in half the sour cream. Place a quarter of the tuna mixture into each taco shell. Top with lettuce, tomato and remaining sour cream. Garnish with lime wedges.

**3.** Asian Slaw: In a small bowl, whisk together rice wine vinegar and Dijon mustard. Slowly drizzle in sesame oil, whisking continuously. In a separate bowl, toss cabbages and carrot together. Drizzle dressing over top and garnish with sesame seeds.

THE CANADIAN PRESS/ CLOVER LEAF SEAFOODS

**Ingredients**

**2 portions**

**Chili Thai Tacos**
- 4 taco shells
- 3 cans (each 85 g) flaked light tuna (Spicy Thai Chili flavour)
- 60 ml (4 tbsp) sour cream, divided
- 250 ml (1 cup) shredded iceberg lettuce
- 1 tomato, diced
- 2 lime wedges, for garnish

**Asian Slaw**
- 30 ml (2 tbsp) rice wine vinegar
- 15 ml (1 tbsp) Dijon mustard
- 60 ml (4 tbsp) sesame oil
- 50 ml (1/4 cup) shredded red cabbage
- 50 ml (1/4 cup) shredded green cabbage
- 50 ml (1/4 cup) grated carrot
- 15 ml (1 tbsp) sesame seeds, toasted

Chili Thai Tacos

This meal serves two. THE CANADIAN PRESS H/O

**Drink of the Week**

## Goji Pop Sangria

There's nothing quite as refreshing as sangria during summer nights.

This Goji Pop Sangria incorporates fruity flavours for a new take on the classic drink.

- 8 David's Perfect Spoonfuls of Goji Pop
- 2 cups hot water
- 2 cups light and fruity red wine
- ½ cup Triple Sec
- 2 oranges and 2 lemons, sliced into circles

Put tea and hot water directly into a teapot or heat resistant pitcher. Let the tea infuse until cool. Leaving the tea in the mix, add wine, triple sec, lemons and oranges. Pour over ice and serve.

RECIPE AND PHOTO: DAVIDSTEA

## Veggie Option. Zippy flavours and veggies combine for a light snack

**1.** In a large skillet over medium-high, heat oil. Add onion, green pepper and garlic and sauté until soft, about 5 minutes.

**2.** Mash ground round with fork and add to mixture in skillet. Heat through.

**3.** Spoon 50 ml (1/4 cup) of the filling into each taco shell. Serve with lettuce, cheese, tomatoes, refried beans and salsa separately as garnishes.

THE CANADIAN PRESS/ YVES VEGGIE CUISINE MEXICAN VEGGIE GROUND ROUND

**Ingredients**

**4 portions**

- 5 ml (1 tsp) canola oil
- 125 ml (1/2 cup) chopped onion
- 125 ml (1/2 cup) chopped green bell pepper
- 3 cloves garlic, chopped
- 1 pkg (340 g) Mexican veggie ground round
- 12 corn tacos
- 250 ml (1 cup) shredded lettuce
- 250 ml (1 cup) grated cheddar cheese
- 250 ml (1 cup) fresh tomatoes, chopped
- 250 ml (1 cup) refried beans, heated
- 125 ml (1/2 cup) salsa

# Take your taco love out of the shell and spread it onto a pie

The promise of pizza is guaranteed to please the fussiest eaters and when we make it from scratch — and grill it on the barbecue — it's a golden opportunity to give them quality, good taste, nutrition, and fun.

**1.** Start charcoal fire or preheat gas grill to medium-high heat.

**2.** Combine 2 cups flour, undissolved yeast, sugar and salt in a large bowl. Add very warm water and oil; mix until well blended, about 1 minute. Gradually add enough remaining flour to make a soft dough. Dough should form a ball and will be slightly sticky. Knead on a floured surface, adding additional flour if necessary, until smooth and elastic, about 5 minutes.

**3.** Divide dough into 8 portions. Pat or roll dough on a well-floured counter to about 8-inch/20-cm circles; they do not need to be perfect.

**4.** Using hands, lift each crust carefully and place on grill. Cook for 3 to 4 minutes until bottom is lightly browned and top appears set. Using long handled tongs, remove crust from grill, grilled side up, to a platter or baking sheet.

**5.** Spread 1 tablespoon of salsa on the grilled side of each pizza crust. Sprinkle with 2 tablespoons taco meat, 1-1/2 teaspoons green onion and 1/4 cup cheese. Repeat with remaining pizzas.

**6.** Carefully slide each pizza onto the grill. Cook an additional 3 to 4 minutes until bottom of crust is browned and cheese is melted. Remove from grill. Sprinkle with cilantro and sour cream, if desired. Serve immediately.

NEWS CANADA

**Ingredients**

**Crust**
- 3 1/2 to 4 cups all-purpose flour
- 2 1/4 tsp Fleischmann's Pizza Yeast
- 1 tbsp sugar
- 1 1/2 tsp salt
- 1 1/3 cups very warm water (120-130 F/50-55 C)
- 1/3 cup Mazola RightBlend (canola and olive oil blend)
- Additional flour for rolling

**Toppings**
- 1/2 cup salsa OR taco sauce OR salsa verde
- 1 cup prepared taco meat
- 1/4 cup chopped green onions
- 2 cups shredded colby-Jack cheese
- 1/4 cup cilantro leaves
- Sour cream, for garnish

This Taco Grilled Pizza serves eight. NEWS CANADA

# Filling those steel-toed boots

**Hammering it home.** Jobs in skilled trades are plentiful, but where are the applicants?

ARINA KHARLAMOVA
TalentEgg.ca

What do high school, close relatives and the overwhelming pressure from society have in common? Their ignorance of the strength, satisfaction and success that comes from a career in the skilled trades.

Skills Canada and the Canadian Apprenticeship Forum conducted an Ipsos-Reid study in 2004, which found that "60 per cent of youth reported that their parents have not encouraged them to consider a career in trades"; whether that is because their parents wanted them to be all-revered lawyers and doctors, or because skilled trades are socially associated with low caliber, high-stress jobs that earn very little and ask a lot is irrelevant.

These statistics are prevalent, even though news media is full to bursting with stories of unemployed university graduates, graduates unable to find jobs in their fields, or those that graduated into jobs they hate.

So why is university still the top choice when skilled trades — which can include construction, transportation, manufacturing, and service industries — are such lucrative careers with such an available variety of choice?

Because many Canadians are completely unaware of the benefits and opportunities that are available in skilled trades, and thus do not consider it in their decision-making.

Sarah Watts-Rynard, the Executive Director of the Canadian Apprenticeship Forum, says that, "There's a lot of misconceptions about skilled trades in our society, and good reasons for them. Over the years, every parent has always wanted his or her child to do better: have a better career and make more money and get ahead. But, in many cases, skilled trade occupations are some of the best paid available and offer a lot of flexibility for young people. If you go and get certified in a trade, you can move to any place in Canada or the world and have a job."

In the next 20 years, 40 per cent of new jobs in Canada will be in skilled trades and technologies. ISTOCK

A report done by the Canadian Federation of Independent Business in 2003 revealed that, of the businesses surveyed, 50 per cent said that lack of qualified labour was one of their biggest problems. Fifty-six per cent of businesses claimed that it was necessary to hire someone unqualified or underqualified just to fill positions. Skilled trades are one of the most difficult industry jobs to fill, and yet they are integral to our society.

Alejandro Zambrano, a computer engineering student at Seneca and a graduate of George Brown's electromechanical engineering technician program, agrees: "If there were no skilled tradespeople, business people couldn't do anything. If there were no skilled tradespeople, houses wouldn't be built because you need builders, plumbers and electricians to build houses for realtors to sell, and for everyone else to live in."

The question about skilled trades is no longer about whether you should, but whether many other educational and career choices continue to make sense in comparison. Our country and many other countries around the world are experiencing severe recessions, which means that our youth should be encouraged to be practical and smart about their futures.

**ARINA KHARLAMOVA IS AN UNDERGRADUATE STUDENT AT YORK UNIVERSITY, WORKING ON A SPECIALIZED HONOURS BACHELOR'S DEGREE IN ENGLISH AND PROFESSIONAL WRITING.**

**TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES.**

**Show me the money**

**"In many cases, skilled trade occupations are some of the best paid available and offer a lot of flexibility for young people"**

**Sarah Watts-Rynard**
Executive Director of the Canadian Apprenticeship Forum

**No easy answer**

**What is the "fix" to Canada's skilled trade labour shortage?**

- "There is no magic answer. There are lots of solutions, one of which includes understanding skilled tradespeople who want to immigrate to Canada by making sure their credentials match Canadian standards, or by providing gap training."
- "Another important solution is by promoting apprenticeship to youth."
- "Finally, engaging communities like Aboriginal peoples, who are already living in areas where skilled trades would thrive, like mining in Northern Ontario, is paramount," Sarah Watts-Rynard says.


## SALES REPRESENTATIVE

**Metro Regina is seeking an individual to achieve regional targets for print & online and other performance metrics by developing new business.**

**PRIMARY RESPONSIBILITIES:**
- Manage and grow an assigned retail sales territory
- Design advertising programs to reflect clients' objectives
- New Business Development
- Creatively negotiate rates
- Sell a portfolio of Metro branded products

**REQUIREMENTS OF THE POSITION:**
- Post secondary education in a related field
- 3 years experience in sales/media sales
- Proficient in Microsoft Office applications
- Creative, efficient, flexible & detail oriented
- Strong verbal and written communication skills
- Proven track record in profitable selling

**Interested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than June 22, 2012. PLEASE QUOTE: "Sales Representative - Regina" in the subject line. All submissions will be treated as confidential.**

metro

## OFFICE MANAGER

**Reporting to the Sales/General Manager, Metro Regina, the right candidate will carry out a range of administrative and operational tasks related to the daily operations of the business in the Metro Regina operation. As well as provide operational and executive support to the Sales/General Manager, Metro Regina and any additional administrative support as directed.**

**PRIMARY RESPONSIBILITIES:**
- Responsible for all administrative projects as assigned
- Responsible for the general daily office operations
- Assist in maintenance and control of the office budget
- Oversee the monthly purchases of office supplies and send required accruals to Metro English Canada
- Recommend and manage office furniture purchases, office supply purchases and all maintenance issues/requests
- General reception duties and Customer service requests
- Oversee couriers and mail; both incoming and outgoing
- Responsible for prompt office maintenance and repair work
- Supervise the implementation of new office systems from various shared service departments
- Review and update health and safety policies; coordinate with JHSC
- Responsible for maintaining accurate staff lists and directories
- Answering telephones, call screening and forwarding
- Deal with complex queries and complaints, by email, phone and in person
- Greet visitors and guests

**REQUIREMENTS OF THE POSITION:**
- 2-3 years of demonstrated success in a similar role
- Great organizational and time management skills
- Outstanding communication skills
- Intermediate knowledge of Microsoft Office - Word, Excel & Outlook
- Attention to details and thoroughness in the execution of tasks
- Must be a team player with a great, and we mean great, sense of humor

**IInterested individuals who possess the skills described above are requested to submit their resume and cover letter via email to hr@metronews.ca no later than June 30, 2012. PLEASE QUOTE: "Office Manager - Regina" in the subject line. All submissions will be treated as confidential.**

metro

# V8 Explorer a safe bet for the busy family

TORSTAR NEWS SERVICE

**Second Gear.**
2006 to 2010
Ford Explorer

JUSTIN PRITCHARD
drive@metronews.ca

Shopping used? Have a family or boat and need a four-wheel drive that's spacious and tough? The Ford Explorer is worth a look.

Available in its last generation from 2006 to 2010, riding an actual "truck" frame platform and fitted with a real four-wheel drive system, Explorer was engineered for real-life capability.

Feature content included Ford's keypad system, automatic climate control, power-adjustable pedals, heated leather, a sunroof and more.

## Engine

Look for four-wheel drive and automatic transmissions all around. Explorer's standard four-litre V6 engine made 210 horsepower, while a 4.6-litre V8 turned in 292 ponies.

## Common Issues

On earlier models, check the transmission for smoothness while shifting between reverse and drive, and note any slipping or hesitation when accelerating from a stop.

Any drivability issues related to the six-speed transmission (standard on V8-powered models) are likely computer-related and not catastrophic.

The five-speed automatic teamed up with the V6 engine is noted to be more problematic and less robust, making the V8 powertrain a more sensible choice. Some stalling issues were also noted on the V6-powered models, backing this point.

On any Explorer, check for proper air conditioning performance, and have the underside of the vehicle checked for fluid leaks — especially coolant leaks. Also have the underside checked out for signs of rust, off-road abuse and worn suspension components.

Ensure you're able to toggle between all 4x4 modes as outlined in the owner's manual.

## Verdict

Used Explorer shoppers are advised to avoid the earlier years of this model and stick to V8-powered units where possible. A well-maintained Explorer free of notable issues should prove the most reliable.

5 DRIVE

**What Owners Like**

Looks, a stable and comfortable ride, and an overall "safe" feel to the last-generation Explorer were noted by many drivers. Many say Explorer feels "strong," rides well and has a fast-acting traction control system for stable performance.

**What Owners Dislike**

Common complaints aside from the standard SUV fuel-consumption gripes include limited at-hand storage space, and limited rear seat room.

**On the Web**

Scan code for more car reviews and news

4 SPORTS

NHL

## Referendum on Coyotes deal can go forward

**Voters in Glendale, Ariz., can go ahead with a referendum on a lease agreement between the city and the prospective owner of the Phoenix Coyotes after a judge invalidated one section of the ordinance. Maricopa County Superior Court Judge Dean Fink on Tuesday asked attorneys for the city and conservative watchdog group Goldwater Institute to rewrite a section of the ordinance to show that it was not passed as an emergency measure. Residents now have 30 days from the June 8 Glendale city council vote to gather signatures for a public referendum on the agreement. Fink said he will issue a ruling on Goldwater's attempt to invalidate the entire ordinance soon. Glendale's city council voted 4-2 in favour of the $325-million lease agreement with potential Coyotes owner Greg Jamison.**

THE ASSOCIATED PRESS

On the web

**It's been over a year since Canadiens forward Max Pacioretty suffered a broken neck on a hit from Bruins bruiser Zdeno Chara in Montreal. And with Pacioretty a Masterton Trophy nominee at Wednesday's NHL awards in Las Vegas, the Habs scorer is expecting questions regarding the incident to arise once again. Scan the code for the story.**

# Rooney scores winner in return from suspension

**Euro 2012.** England gets victory over Ukraine amidst controversy over a disallowed goal

England's John Terry clears the ball away from his goal Tuesday in Donetsk, Ukraine. MATTHIAS SCHRADER/THE ASSOCIATED PRESS

Only one goal counted, and it belonged to Wayne Rooney.

The England striker returned from a two-match suspension to head in the lone goal Tuesday and give his team a 1-0 win over Ukraine and a spot in the European Championship quarter-finals. The co-host Ukrainians, however, will leave the tournament knowing that things could have been different.

Needing a win to advance, the Ukrainians thought they had equalized in the 62nd minute when Marko Devic's looping shot appeared to cross the line before it was hooked clear by England defender John Terry. But the goal was not awarded by the referee or his extra assistant, who was half-standing on the field only a few metres from the post.

"The goal that wasn't given really changed our plan because if it was given, I think the whole game could have looked another way," Ukraine captain Andriy Shevchenko said through an interpreter. "We tried to give Ukraine a gift but we weren't able to do it."

Although a draw still would have eliminated them, the equalizer would have given the team hope knowing that another goal would put Ukraine through to the quarter-finals.

"I was sad because the ball was in the goal by one metre," Ukraine coach Oleg Blokhin said.

The controversy will likely add to the pressure on UEFA president Michel Platini to reverse his opposition to goal-line technology.

It was Rooney, however, who did manage to put his team on the scoreboard.

England captain Steven Gerrard whipped a cross into the penalty area that glanced off two defenders before Ukraine goalkeeper Andriy Pyatov let it slip through his hands as he crouched to collect the ball. Rooney was primed at the far post and made it count.

"I was always putting myself in goal-scoring opportunities," Rooney said. "I could've done better with a couple more but I got the goal and it's three points."

Rooney missed the first two Euro 2012 matches through suspension. He was sent off in the team's last qualifier in October, and received a three-match suspension that was eventually reduced to two.

With the victory, England won Group D and will next face Italy in Kyiv on Sunday. France also advanced. Ukraine, however, will have to watch the rest of the tournament as spectators, just like co-host Poland.

At the 2010 World Cup, England midfielder Frank Lampard was denied a goal that would have levelled the match against Germany at 2-2. England ended up losing 4-1. THE ASSOCIATED PRESS

**Sweden tops France**

- France limped into the knockout round of Euro 2012 despite a 2-0 loss to Sweden in its final group game, showing how much the team needs to improve to be true contenders.
- The French finished second in Group D and will face Spain on Saturday in the quarter-finals.

## Euro 2012. Greek players leave politics out of game

For Greece's players, politics is off limits.

The Greeks are preparing to face Germany in the quarter-finals of the European Championship, and their fans are already chanting slogans about German Chancellor Angela Merkel ahead of Friday's politically charged match in Gdansk.

"You cannot compare football and politics, it's as simple as that. It's a game," Celtic striker Georgios Samaras said Tuesday. "We'll play. We enjoy it because we love it, nothing else."

The match follows a weekend general election in Greece, dominated by the financial crisis and harsh austerity measures imposed by Germany and other eurozone rescue lenders. THE ASSOCIATED PRESS

**Quoted**

**"If you want to write a different story (other) than football, you can write whatever you like. But please don't ask the players about this."**

**Greek football federation spokesman Michalis Tsapidis** to journalists asking repeated questions about the financial crisis

Diving

## Despatie says he was concussed in diving incident

After initial reports Canadian diver Alexander Despatie didn't suffer a concussion in a diving accident last week, the two-time Olympic silver medallist confirmed Tuesday he did have one.

Despatie hit his head on the board last week in Madrid while training for a Grand Prix event.

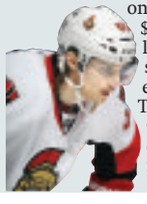
He returned to Canada on the weekend where he saw a specialist who concluded he did have a concussion. THE CANADIAN PRESS

NHL

## Senators and Karlsson agree to seven-year deal

Erik Karlsson has been rewarded for his breakout season with a new hefty contract extension, but the star Ottawa defenceman knows it comes with high expectations.

Karlsson and the Senators agreed to terms on a $45.5-million US, seven-year extension Tuesday. THE CANADIAN PRESS



Hockey

## Russian league plans game on battleship

Russia's minor hockey league is setting sail for history.

The VHL — the farm system for the better-known KHL — is planning to play a regular-season game on a working Russian battleship in a bid to raise its profile.

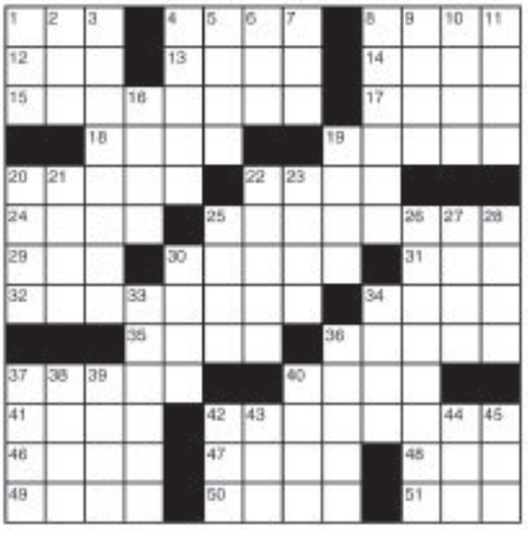
"Everyone's going to know that the VHL exists," VHL spokesman Vitaly Panov told Russian news agency RIA Novosti on Monday. One of the teams to take part will be St. Petersburg's navy club, he added. TORSTAR NEWS SERVICE

**Across**

1 Woman, slangily
4 Information
8 "— of Our Lives"
12 Diva's problem
13 Hodgepodge
14 Acknowledge
15 Script
17 Start of something big?
18 Hoodlum
19 English homework
20 Say it's OK
22 Recording
24 Dorm dweller
25 Fossey subjects
29 Slapstick missile
30 Invigorant
31 "A Chorus Line" song
32 In the cards
34 Pesky flier
35 Crystal gazer
36 Wade of baseball
37 Inlets
40 Architect — Ming Pei
41 Condo, e.g.
42 Look of sadness
46 H look-alikes
47 Advantage
48 Annoy
49 Clinton competitor
50 Borscht ingredient
51 "Catcher in the —"

**Down**

1 Solidify
2 Past
3 Spiderlike "daddy"
4 "Impossible!"
5 Joie de vivre
6 Triumph
7 Turf
8 Maiden
9 Erstwhile ova
10 Relaxing exercise
11 Convince
16 OK
19 Grand story
20 Shot a hole-in-one
21 Theater box
22 Photocopier need
23 Desertlike
25 Vanished
26 Lover of classical music
27 Scrambled wd.
28 Collections
30 Haberdashery rackful
33 Sleeping-sickness carrier
34 Slip-up
36 Sire
37 Prompted
38 Knowing about
39 Lab container
40 "Bus Stop" writer
42 Beirut's land (Abbr.)
43 Praiseful piece
44 Turn on the waterworks
45 Supplement, with "out"



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| | | | 4 | | 1 | 7 | | |
| | | | 3 | | | | 1 | |
| 9 | 4 | | | 8 | | | 3 | |
| | 5 | | | 6 | | | 7 | 2 |

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

**Yesterday's Sudoku**

| | | | | | | | | |
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| 7 | 2 | 8 | 3 | 5 | 1 | 4 | 6 | 9 |
| 6 | 9 | 3 | 4 | 2 | 8 | 1 | 7 | 5 |
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| 2 | 6 | 1 | 5 | 9 | 3 | 8 | 4 | 7 |
| 8 | 4 | 9 | 7 | 1 | 6 | 5 | 2 | 3 |
| 3 | 7 | 5 | 8 | 4 | 2 | 9 | 1 | 6 |
| 4 | 1 | 6 | 2 | 3 | 5 | 7 | 9 | 8 |
| 5 | 8 | 2 | 1 | 7 | 9 | 6 | 3 | 4 |
| 9 | 3 | 7 | 6 | 8 | 4 | 2 | 5 | 1 |

**Yesterday's Crossword**

**Cryptoquip**

**How to play**
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

FL CQUU-VJEXNPMR HOYPMXYY KQY HXXM RXZZPMR FOVK YUJCXN, LJO FPRKZ YQL AQAXNPMR PY ZQAXNPMR.

**Yesterday's Cryptoquip:** IF YOU'RE MUCH MORE SPEEDY THAN ALL OTHER COMPETITORS, ONE COULD SAY YOU'RE FASTLY SUPERIOR.

Today's Cryptoquip Clue: F equals M

For today's crossword answers and for expanded horoscopes, go to metronews.ca

**Horoscope**

**Aries | March 21 - April 20.** Minor disputes will only turn major if you allow your emotions to rule you. On the home front, you should strive to be more forgiving of weakness.

**Taurus | April 21 - May 21.** As the Sun moves away from the money area of your chart today, you should consider giving up on a project that has not worked out the way you intended. Don't waste more time.

**Gemini | May 22 - June 20.** You may find yourself lacking in energy today but that's to be expected after all the efforts you've made in recent weeks.

**Cancer | June 21 - July 22.** The Sun in your sign over the next four weeks will make all things possible, but don't go mad and start taking foolish risks.

**Leo | July 23 - Aug. 22.** A clash of opinions is likely today and you are likely to be quite aggressive in defense of your views. Is it worth it?

**Virgo | Aug. 23 - Sept. 22.** There is no need to be cautious and there is no need to believe rivals are out to get you. Even if they are, you have what it takes to outwit them.

**Libra | Sept. 23 - Oct. 22.** The Sun crosses the career angle of your chart today, helping you to impress people in positions of power. Your ideas and actions will in turn have a big influence.

**Scorpio | Oct. 23 - Nov. 21.** You may be conservative by nature but that does not mean you are incapable of original thought — far from it in fact. Get together with like-minded people to work on an idea.

**Sagittarius | Nov. 22 - Dec. 21.** It will pay you to be a bit more secretive today. There are some things that even your best friend should not know about you.

**Capricorn | Dec. 22 - Jan 20.** You are midway through your solar year, making this a good time to take stock of how far you have come and how far you still have to travel.

**Aquarius | Jan. 21 - Feb 18.** The Sun moves into the area of your chart that governs your work and your wellbeing today. Ask yourself: Am I happy with what I'm doing? Am I at my physical best?

**Pisces | Feb. 19 - March 20.** As the Sun begins a four-week spell in the most dynamic area of your chart, you are full of big ideas and even bigger plans. **SALLY BROMPTON**

## Caption Contest

**"I hear Atlas is retiring, and I want to audition for his job."**
**Liz**

SHIZUO KAMBAYASHI/THE ASSOCIATED PRESS

**Win!**

### You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

# SAHEL FOOD CRISIS
# URGENT HELP NEEDED

**HUMANITARIAN COALITION members are on the ground providing immediate relief to suffering children and their families.**

A deadly and expanding hunger crisis across Africa's Sahel region threatens to claim the lives of millions of children and their families throughout Niger, Mali, Burkina Faso, Mauritania, Gambia, Senegal and parts of Nigeria and Cameroon.

**Your immediate help is needed to save lives. Please give now!**

Your gift today will help rush food, clean water, shelter and medical supplies to devastated children and families fighting for survival.

**Here is what your donation can do:**

**$50** = Milk to treat a severely malnourished child for three weeks

**$100** = Feed a mother and child for five months

**$250** = Feed five families for six weeks

HUMANITARIAN COALITION

Together saving more lives

care · OXFAM Canada · OXFAM Québec · Plan · Save the Children

The cost of this ad has been generously donated by: metro

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## Donate online at together.ca
## or call 1-800-464-9154